### ACTIVITY AT A GLANCE

**Goal(s):**
- Reflect on personal relationships with specific foods and dishes
- Practice paper folding and collaging techniques

**Materials:**
- Paper
- Scissors
- Pencils, crayons, and/or markers
- Tape or Glue

**New Word(s)**
- Collage

**NYS Arts Learning Standards (select no more than 2 - student audiences only)**

- 3rd VA:Cr2.1.3 a. Create artwork using a variety of artistic processes and materials.
- 3rd VA:Cn10.1.3 a. Create works of art that reflect community cultural traditions.

### STEPS

| Step #1 | ● Pick one of the five tastes: sweet, bitter, salty, sour, and umami (savory)
| | ○ What is a dish you eat that makes you feel good that has this flavor? How would you describe this taste? |
| Step #2 | ● What are the different pieces or components that make up this dish? How is it usually served? In a bowl, on a plate, on a stick?  
<p>| | ● Think about size and texture. |</p>
<table>
<thead>
<tr>
<th>Step #3</th>
<th>● Draw and color these pieces separately.</th>
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<tbody>
<tr>
<td>Step #4</td>
<td>● Cut out the pieces and assemble them into the dish using tape and/or glue, paying attention to how you layer them.</td>
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<td>Step #5</td>
<td>● Repeat this process for each of the five kinds of taste to make a whole meal!</td>
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**Activity Modifications (as needed):**

Paper can be ripped instead of cut. They can also be crumpled and rolled and folded to make different textures!

Magazines can also be used as a part of the collage process instead of or in addition to drawing and cutting pieces from plain paper.